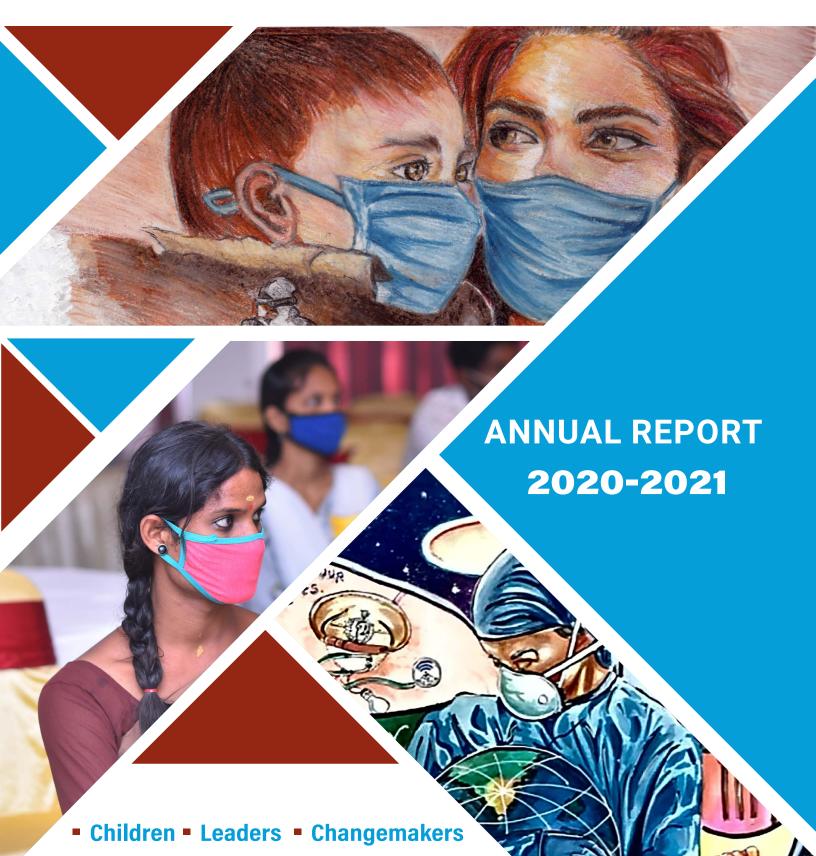


## Trust for Youth and Child Leadership (TYCL)





## Trust for Youth and Child Leadership (TYCL)

## ANNUAL REPORT 2020-2021

**→** NO. 17, Pookara Street, Muthialpet, Puducherry - 605 003

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## LOCAL ACTION! GLOBAL CHANGE!

Trust for Youth and Child Leadership (TYCL) is a transnational youth-led non-profit organization based in India and the US. TYCL aims to nurture positive change in youth, children, families and their communites through safe, inclusive, participative, and innovative leadership models. TYCL is an organization with "Special Consultative Status" from the Economic and Social Council, United Nations since 2018" which enables local youth to participate and raise social and environmental issues in the United Nations.

TYCL creates safe and engaging spaces for young people and their allies to explore the fullest potential with indigenous knowledge and emerging technologies for their holistic development by:



- Addressing local and global community issues
- Recognizing and cultivating personal and collective power
- Building relationships and mentorship across borders
- Accessing the tools necessary to transform their own lives in the community and in collaboration with others

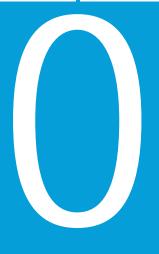
### **VISION FOR PUDUCHERRY**









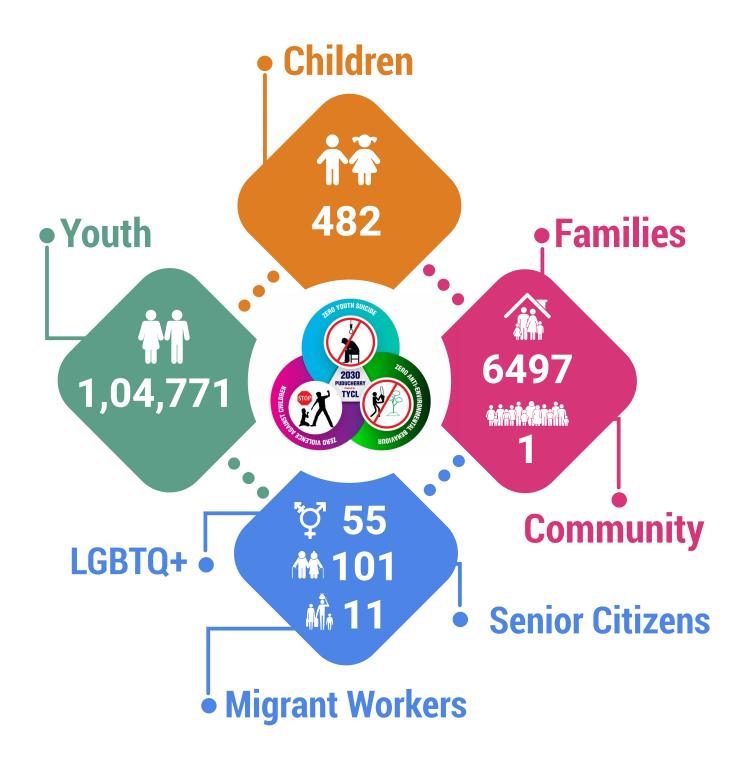


**Youth Suicide** 

**Violence Against Children** 

**Anti-Environmental Behaviour Among Youngsters** 

#### **OVERALL IMPACT**



#### PARTNER ORGANIZATIONS

- Aathiyan Community
- Children Development Centre (CDC), Dubrayapet, Puducherry
- MUGHIL Social Welfare Organization, Puducherry
- New Era of Children's Collective (CC), Chinna Muthaliyar Chavady Village, Tamil Nadu
- Samugam Jaly Home, Lawspet, Puducherry.
- Satya Special School, Puducherry.

#### **POLICIES**

#### **CHILD PROTECTION POLICY**

We have a strict policy to ensure that child safety and well-being are our top priority. Volunteers are given extensive training before any engagement with children and youth.

#### **UNIVERSAL INCLUSION POLICY**

Of all genders and abilities, TYCL believes and practices equity, diversity, and inclusion in everything and everywhere.

#### **BOARD MEMBERS**



Dr. SIVA MATHIYAZHAGAN Co-founder & Managing Trustee



Mr. JUGAL KISHOR G
Co-founder & Trustee



Mr. BARATHI BASU C
Co-founder & Trustee



Mr. MOHAN R
Executive Director



Ms. SIVASANKARI Board Member



Mr. JERARDI JOYSON
Board Member



Ms. NANDHINI
Board Member



Mr. SARAVANAN R
Director - Technologies



Mr. SURESH KRISHNA R
Director - Administration



Mr. FRANCIS KULANDAI RAJ F
Board Member

#### **Our Model**

### TYCL Aims To Impact Not Just Children, But Entire Communities. We Employ A Unique Model That Focuses On Three Pillars

#### CHILDREN

When communities suffer, children suffer more than anyone else. A community can be measured by how well children are protected and cared for. Our Children's Summer Camp aims to bring joy into the lives of at-risk children. Children also have a vast body of untapped creativity and energy which can be groomed to make them leaders of change. Programmes like N'KaNa, Eco-system based leadership and Child Leader Awards gives children the knowledge, skills, and platform to express their ideas and transform their own communities in the way they believe are necessary.

#### YOUTH

Our organization is completely volunteer-run and survives on the efforts of former and current Pondicherry University and its affiliated college students. We believe in a system of two-way growth, in which we also provide youth with guidance and platforms for their ideas and creative projects, in exchange for their extensive work with at-risk children. We also recognize that certain community issues, such as alcohol use and suicide rates heavily impact youth and we are addressing these problems in our communities, with programmes like our Puducherry Youth Helpline and Puducherry Youth Helpline Mobile Application.

#### COMMUNITY

TYCL strives to involve the entire community, in accordance with the belief that children and youth have much to learn from elders in their community, as well as the belief that it is our duty to raise awareness and be engaged with intergenerational issues in our area through INAGI.



#### **Child Rights Day**

TYCL celebrated International Child Rights Day on November 20th, 2020 through a video of children sharing their rights from the United Nations Convention on the Rights Of Children with the theme "For every child, every right"

To Watch





#### **Children Creatothon (CRD)**



Children Creatothon aims to identify NexGen innovators by reclaiming traditional art forms to address issues affecting them in their day-to-day lives. Creatothon provides an opportunity for children to develop their creative skills, confidence, creativity, and innovation for social change and strives to sensitize the city about child rights. The children awed us with their creative works in drawing, singing, rhymes, and upcycling art.

Impact 46 Children Participants

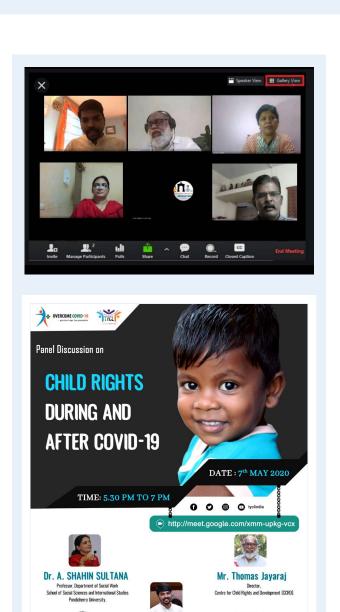
# PROGRAMMES

## Virtual Panel discussion on "Child Rights During & After COVID-19 Pandemic"

The novel COVID-19 pandemic has created a lot of stress and anxiety in people especially children due to school closure and online classes. The panelists collectively discussed the children's mental health, UNCRC, violence against children, and the digital divide among marginalized children.

We are grateful for our panelists Dr. Siva Mathiyazhagan - Founder, TYCL; Mr. Thomas Jayaraj - Director, Centre for Child Rights and Development (CCRD); Ms. Nancy J Anabel - Country Director - India, Children Believe; Mr. A. Devaneyan - Founder & Director, Thozhamai; Dr. A. Shahin Sultana - Professor, Dept. of. Social Work, School of Social sciences and International Studies, Pondicherry University.

To Watch



Dr. SIVA MATHIYAZHAGAN
Founder,
Trust for Youth and Child Leadership,

į For More Information | 🕻 +91 7339222100 ⊜ www.overcomecovid19.in

Ms. NANCY J ANABEL

Mr. A. DEVANEYAN

## Virtual Panel discussion on "Hopes and Challenges of Indian Education system after COVID-19"

The pandemic has transformed the education system into a virtual medium. This online mode of education has made many challenges for both the students and the teachers to cope up with it. The panelists discussed and shared their insights on the challenges faced by the teachers to engage the students in a virtual mode, the new education policy, issues faced by the children in accessing the online mode of education & the uncertainty in the quality of education.

Our panelists were Mr.V.Nandakumar, IRS - Joint Commissioner, Income Tax, Ministry of Finance, Government of India; Mr.Prince Gajendra Babu - General Secretary, State Platform for Common School System-Tamil Nadu; Ms.C.Patcheammalle - T.G.T. GGHSS, Kalapet, Puducherry; Dr.P.B. Sankar Narayan, Assistant Professor, Department of Social Work, School of Social Sciences & International Studies, Pondicherry University; Mr. M. Rammurthi, Teacher Cum Educator, Block Resource Department, Department of School Education, Government of Tamil Nadu; Ms. D. Sankaradevi, Teacher, Government Primary School, Abishegapakkam.



06

# PROJECTS

#### **Puducherry Youth Helpline**



The youth suicide rate in Puducherry is 3 times greater than the national average. Research shows that the primary causes for suicide in Puducherry are academic and interpersonal issues failure and alcoholism, but in many cases, causes for the suicides cannot be identified. This suggests that troubled youths lack safe spaces where they can share their concerns and confide in professionals. Thus, TYCL endeavoured to establish a medium for at-risk youth to seek counselling from National Mental Health Health & Family Welfare Program, Services, Govt. of Puducherry and professionals in career guidance, bank loan support and entrepreneurship.

The Youth Helpline is a confidential and anonymous connection, where young adults in Pondicherry can call to share their problems, needs and priorities. Helpline assistants are available from Monday to Saturday, 10.00 AM to 6.00 PM to assist youth in finding possible solutions.

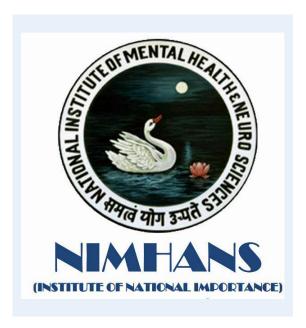
This year Youth Helpline has received 219 calls out of which 108 male, 71 female, and genders of 40 were not disclosed. Out of 219 calls, 145 youth were directly benefited from our helpline services. Indirectly youth helpline has reached 1,00,000 young people in Puducherry and Tamil Nadu Regions.



#### **Youth Helpline Presentation**

### Paper presentation on "Youth Helpline: Strategies and Challenges of preventing suicide in UT of Puducherry" organised by MHECON - 2020

National Institute of Mental Health and Neuro Sciences (NIMHIS), Department of Mental Health Education, Bangalore, India has organized the third National Online Conference on Mental Health Education (MHECON 2020) on "Suicide Prevention: Current Challenges and Innovations" on 27th June 2020. TYCL Board Member cum Puducherry Youth Helpline Coordinator Mr. Francis Kulandai Raj had participated in this conference and made a paper presentation on the topic "Youth Helpline: Strategies and Challenges of preventing suicide in UT of Puducherry".



#### **Session On "Positive Mental Health- Overcoming Mental Barriers"**





Puducherry Youth Helpline team delivered an interactive session on "Positive Mental Health- Overcoming Mental Barriers" for the NSS students of Tagore Government Arts and Science College, Puducherry. Our team members sensitized all youth participants about the Youth Helpline services and introduced our Mobile Mental Health clinic outreach program.

## IMPACT YOUTH HELPLINE

by the Numbers

**PRESENTATION** 1,00,000+ **INDIRECTLY REACHED** 145 YOUTH BENEFITED 2560 **DIRECT REACHED** 

# PROGRAMMES

## Ecosystem - Based Leadership Workshop ————



The ecosystem-based leadership workshop will help the youth to confront their real-time challenges and help them to make meaningful choices in their lives and relevant for the present and the future as well as motivates the young people to position themselves in the existing system to be the change and be part of the change. This leadership model supports young people to navigate their vision towards their goal and helps them to self-reflect on their family, friends, relatives, society, community, education institution, workplace, environment, etc.

This year TYCL piloted the two-day residential workshop on 20/03/2021 and 21/03/2021 at Sristi Village. Young people from different walks of life participated and discussed their goals, human relations, and ecosystem.







**Impact** 

22 Participants

06

**Facilitators** 

#### **International Youth Day**

Trust for Youth and Child Leadership (TYCL) organized International Youth Day Celebrations virtually at The Youth Resource Centre on 15th August 2020 in order to emphasize the importance of "Youth Engagement for Global Action" in Puducherry and in our nation.

Ms. Jayathma Wickramanayake, Secretary-General's Envoy on Youth, United Nations, Dr. Veerendra Mishra, Director, National Institute of Social Defense, Ministry of Social Justice and empowerment, GOI, and Mr. T. Sudhakar, Deputy Collector, Revenue (North), Puducherry, has joined as our Chief Guests. As the first part of our Youth Day Celebration, a Special Jury Award was given to Mr. Sasi Kumar with a cash prize of Rs. 10000 with certificate. TYCL Special Mention Award was given to Mr. Praveen Kumar with a cash prize of Rs. 15000 with a certificate.









To Watch Online

As the second part of the Youth Day Celebration, the "Overcome COVID-19" E-book was released by Mr. T. Sudhakar, Deputy Collector, Revenue (North), Puducherry, and our Multimedia Coordinator Mr. Surath Kumar.

Young Social Change Maker Award was given to Mr. Sathish Kumar with a cash prize of Rs. 25000 with a certificate.

#### **Harvesting Youth Leadership**

Harvesting Youth Leadership (HYL) is a two-day perspective building workshop that was a platform for youngsters to sensitize, inspire and encourage the participants to work for holistic social development.

This year, the workshop was organized on the theme "Uncertainties: Building Youth Resilience" at Hotel Bon Sejour on 9/01/2021 and 10/01/2021. The young people collectively discussed about overcoming the social, mental, and health uncertainties, breaking social and mental limitations, behavioral economics, gender justice, and gender positive masculinity, navigating career skills, and stimulating volunteerism among young people in Puducherry and Tamil Nadu.











**Impact** 

06

Resource person

35

**Participants** 

#### **Girls Lead Girls**

In the year 2017, TYCL has launched Girls Lead Girls: A holistic self-defense program for girls and women to build young girls as strong self-defenders and knowledge-based resources in society. This approach could serve to foster/ensure gender justice for all. TYCL further measured positive indicators of the program and positive feedback from the participants.

The COVID-19 pandemic severely affected communities and escalated domestic violence against women and girls in India. So, TYCL pivoted its approach towards an e-learning curriculum with sign language to be inclusive and accessible for all girls. Thus, Girls can attend the online course anywhere at any time and get benefited from the curriculum.

This training process will prepare young girls to be strong self-defenders and knowledge-based resources in the society, to ensure a just, equal, and equitable life for all. To access this free online course.

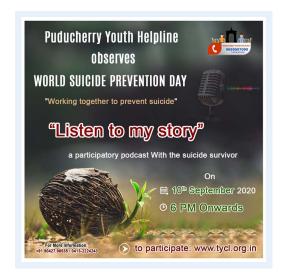
Visit: www.tycl.org.in/girlsleadgirls







#### **World Suicide Prevention Day 2020**



Puducherry Youth Helpline observed World Suicide Prevention Day 2021 with the theme "Working Together to Prevent Suicide". The main objective is to sensitize about Puducherry Youth Helpline and to create awareness on suicide prevention and mental health.

TYCL organized a participative podcast interview with a suicide survivor who is one of the Youth Helpline beneficiaries and now a successful professional model. She shared her resilient life experience after a suicidal attempt and took an effort to educate fellow young people why not to consider ending their lives because of the life challenges. She also shared her positive experience with the timely intervention from the youth helpline. Listen to our podcast: TYCL



#### **National Human Rights Day 2020**

TYCL observed the National Human Rights Day with a public opinion video on the topic "Inferiority Complex and Human Rights" and Human Rights activist Mr. Kathir@Vincent Raj shared his opinion on the same. The video have been shared on our social media platforms. Watch now



#### **World Mental Health Day 2020**



TYCL - Puducherry Youth Helpline jointly observed World Mental Health Day 2020 through Virtual Short Film Festival on the theme "Youth Life, Livelihood and Mental Health". We have received overwhelming short film submissions by the youngsters from Puducherry and Tamil Nadu. Three movies were selected by our jury members. Our Chief Guest Mr. Pavel Navageethan, Director cum Actor announced the winners. The first prize was presented to "Namma Sonna Yaru Kekara" by Mr. Aravindsamy Devadas with a cash prize of Rs.10,000, the Second prize was awarded to "Mupparuvam" by Mr. Kumaran with a cash prize of Rs.7,500, Third prize was given to "One Fine Day" by Mr. R. Ganesh with a cash prize of Rs.5,000.

Watch now **D** 



#### International Women's Day 2021

**Polytechnic TYCL** and Women College. Puducherry jointly celebrated International Women's Day 2021 with a webinar on Girls lead Girls, e-learning platform- A holistic self-defense program for collegegoing girls of Puducherry. The video tour of the e-learning application was launched for better clarification and easy access.





Impact 363 Participants

#### **Youth Film Club**







To achieve TYCL's one of the three zero visions- "Zero Anti-Environmental Behaviour" by 2030, We have initiated the "Youth Film Club" which is mainly focused on creating awareness on present environmental threats and a need for positive behavioral shifts towards a healthy environment.

After a long lockdown, we have organized our first documentary screening session to discuss the theme "Plastic Pollution" on 27th February 2021 at the Youth Resource Centre. The documentary film "Fantastic Plastic" by Auroras Eye Films was screened. We are delighted to create a platform to initiate a healthy discussion on the current threat to our ecosystem (plastic pollution) along with the enthusiastic youth of Puducherry and Tamilnadu. The team collectively discussed the threatening global statistics, the need for related focus on governance system, proper Waste-Management, Microplastics, Impact of the plastic in our individual and collective wellbeing, and possible solutions.

**I**mpact

22

**Participants** 

#### Virtual Expert Talk



According to the NCRB report of 2019, the major cause of suicides in India is family issues. To address the same and to create awareness, Youth Helpline organized a virtual expert talk on the topic "Role of family dynamics in preventing suicide" with the senior psychologist, Ms. Abinaya Jagdsh from Mindvision Hospital on 17th, September 2020.

Impact 520 People Reached

During the pandemic, most of the young people were highly prone to mental health issues. In order to address the issue and sensitize positive mental health people. among voung organized a webinar on the topic "How do you feel inside matters" on 6th, April 2020. Dr. Abilasha, Psychologist, Psychotherapist, and Hypnotherapist handled the session and interacted with young people regarding their mental health and wellbeing. Both the sessions was facilitated by Mr. Rasaiya, Associate Director

Watch now





## Virtual Panel discussion on "Mental Health- Present and Future"

The sudden Covid-19 pandemic has created a lot of chaos and uncertainties in people's everyday life and livelihood which had directly affected their mental & physical well-being. Though there were lot of campaigns held to sensitize viral infection and its prevention through physical hygiene, there has been a huge gap to address the need for mental hygiene. To address the sudden rise in mental health issues, domestic violence, interpersonal issues, socioeconomic stressors, substance withdrawal effects and suicidal ideations, we had organized a virtual panel discussion with the Mental health professionals from the Government, Academic & Social Work sectors to discuss about the importance of mental well-being amidst the pandemic, preventive measures, the importance of seeking support, psycho-education and possible solutions to the pressing mental health issues.

Our panelists were Mr. K. Balan Ponmani Stephen, Psychatrist, GH Karaikal, Govt. of Puducherry; Ms.Abinaya Jagdsh, Psychologist, Mindvision Hospital; Dr. D. Barani Ganth, Assistant Professor, Dept. of. Applied Psychology, Pondicherry University; Ms. Bindu Vijay modi, Clinical Psychologist & Trustee, Zwilling Foundation.



Watch now 🔼

Impact 04 Panelists 55 People Reached

#### Virtual Panel discussion on "Hopes and Challenges of Youth Entrepreneurship Post COVID-19"

The COVID-19 pandemic has affected the livelihood of many people. The effect of this crisis on the entrepreneurs, especially the novice entrepreneurs was severe. To discuss these challenges, and the problems faced by the Youth Entrepreneurs in the past, the present COVID situation, and the opportunities available for the Youth Entrepreneurs after the pandemic were discussed.

The following panel members critically discussed about the topic and proposed possible ways to act and advocate to overcome the crisis. Mr. C.K. Kumaravel, Co-Founder, Naturals Salon; Ms. Divya Swapna Raj, Founder, Women's League Foundation, Director- Ishana'z Fashions; Mr. Sivarajah Ramanathan, Founder & CEO, Nativelead; Prof. Mahesh Panchagnula, Dean, Alumni and Corporate Relations, Faculty-in-charge - IIT Madras; Dr.S. Ramkumar, Director, Entrepreneurship Development Cell, Government of Puducherry.







#### Virtual Panel discussion on "Hopes and Challenges of Youth Employment after COVID-19"

The economic uncertainty has created much distress among the people. This panel discussion throws light on the current challenges faced by the young people in employment, the current status of migrant and contract employees and the hopes and opportunities on employment post-pandemic.

Our panel members are Ms. R. Geetha - Convenor, National Campaign Committee for Central Legislation for Unorganised Sector; Mr. R. Alagiriswamy - Retd. Human Resource Manager, MRF Ltd., Chennai; Prof. A. Sethuramasubbiah - Head, Dept. Of Social Work, Apollo University, Chittoor, Andhra Pradesh. Former Professor & Head, Bharathiar University; Ms. R. Kumuthavalli - Talent Management Specialist, Tata Consultancy Services. Chennai; Mr.G. Vijay Amirtharaj - HR Leader, Nielsen (Chennai Technology Hub). They had discussed about the facts and strategies to overcome the youth employment crisis.





#### Virtual Panel discussion on "Hopes and Challenges of LGBTQ+ after COVID-19"



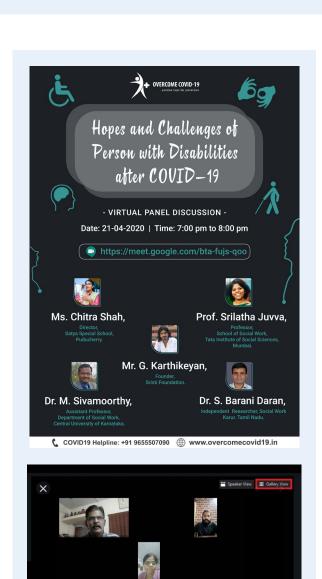
Even before the COVID -19 pandemic, LGBTQ+ youth was at an increased risk for depression, anxiety, and suicide attempts, largely due to increased experiences of victimization. The ongoing COVID-19 pandemic had a significant impact on the LGBTQ+ community on basic survival needs. The panel members discussed the challenges faced by the LGBTQ+ community especially during the pandemic and shared their insights on the same.

Our panel members are Mx. K. Sheetal, Prominent LGBTQ+ rights activist & President- Project Director of SCOD Society; Mx. Madhumitha Gomatinayagam, HR Professional and Social Activist; Miss. Malini Jeevarathnam- Director, Social Activist; Dr. Alponsa George-Psychiatrist, Social Worker and Independent Social Worker for LGBTQ + issues.

Impact 04 Panelists 66 People Reached

Watch now

## Virtual Panel discussion on "Hopes and Challenges of Persons with Disabilities after COVID-19"



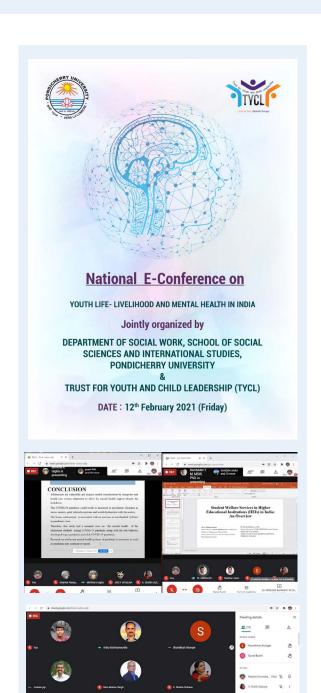
Before the COVID-19 situation, the person with disabilities is confined to challenges on fellow people to participate in their daily needs. Due to the sudden emergence of the COVID-19 pandemic, a severe threat was imposed upon the caregivers to maintain and assist in sanitization and maintaining physical distance. The team collectively discussed the challenges faced by them and the special services provided to them during the pandemic.

The panelists were Ms.Chitra Shah, Director, Satya Special School, Puducherry, Prof. Srilatha Juvva, Professor, School of Social Work, Tata Institute of Social Sciences, Mumbai, Dr.M.Sivamoorthy, Assistant Professor, Department of Social Work, Central University of Karnataka, Dr.S Barani Daran, Independent Researcher, Social Work, Karur, Tamil Nadu.

Watch now



#### **National E-Conference**



TYCL in collaboration with The Department of Social Work, School of Social Sciences, Pondicherry University organized a one-day National E- Conference on Youth Life- Livelihood and Mental Health in India on 12/02/2021. Nearly 19 presenters with 13 co-authors from different parts of India presented their papers on significant youth and mental health issues in India.

We thank our chief guests Prof. Gurmeet Singh, Vice-Chancellor, Pondicherry University; Prof. S. Balakrishnan, Director (SEI& RR), Pondicherry University; Prof. Rajeev Jain, Director (C&CR), Pondicherry University; Dr. B. Chitra, Registrar(i/c), Pondicherry University; Dr. Amaresh Samataraya, Finance Officer(i/c), Pondicherry University; Prof. P. Moorthy, School of Social Sciences and International Studies, Pondicherry University.

Our heartfelt gratitude to our conference chair team Dr. K. Anbu, Associate Professor, Dept of Social Work; Dr. C. Satheesh Kumar, Dr. P.B. Shankar Narayan & Dr. Iftekhar Alam. Our sincere thanks to the organizing secretaries Prof. A. Shahin Sultana, Dept. of Social Work, Pondicherry University & Mr. G. Rasaiya, Associate Director, Trust for Youth and Child Leadership.

Impact 19 Presenters 200 Research scholars, Academicians & Students 13 Co-authors

#### **Fellow Recruitment**



We are happy to welcome our six new fellows to TYCL for accelerating the impact of our youth-led initiatives. They will be focusing on our vision "THREE ZERO 2030" and Coordinating with various projects of TYCL centered towards Child, Youth, and Community. Mr. G. Rasaiya, Associate Director, Ms. A. Anitha Coordinator of Puducherry Youth Helpline. Ms. M. Keerthana. Coordinator of Programs, Mr. S. Surath Kumar, Coordinator of Multimedia activities of TYCL. Mx. R.Saarika joined as Office Manager (Part Time) and Ms. Yuvayazhini, Coordinator P. Development Research. Documentation. We are excited to work with young and energetic people to scale up the impact at a large level.



Ms. A. Anitha

Coordinator - Puducherry Youth Helpline



Ms. M. Keerthana
Coordinator - Programs



Mr. G. Rasaiya

Associate Director



Mx. R. Saarika
Office Manager (Part Time)



Mr. S. Surath Kumar
Coordinator - Multimedia



Ms. P. Yuvayazhini

Coordinator

Research, Development and Documentation



## NEET- Opinion Gathering from Public ———

There have been anxious and stressful expressions from the students and parents who were appearing for the NEET entrance exam. The Mental Health challenges associated with the exam fear have been creating a pressure among them. To create positive peer learning and social persuasion, the Youth Helpline team organized a Public opinion gathering from the students who appeared for the same and their parents about the NEET exam, alternative strategies to build resilience. TYCL collected and compiled the positive responses and disseminated them on our social media platforms for positive social modeling.

Watch now



#### **Youth Model Election Manifesto 2021**

Puducherry Youth Model Election Manifesto - 2021 is purely a Puducherry youth initiative to understand young people's needs and expectations. This is the third edition and the previous two were published for State Assembly Election -2016 and Parliamentary Election -2019.

The needs of young people and offers of the Government and political parties have a huge gap in terms of participatory democratic process and development. To fill this development gap, TYCL has initiated to prepare a model manifesto from youth's lens towards "Youth Participative Governance" in Puducherry. It is purely to understand the needs and expectations of the young people and submit the same to all the political parties and future Govt. to prevent future challenges of young people in the UT of Puducherry.

TYCL strongly believes that this manifesto will be useful to the political parties and upcoming new government to have a better understanding of young people and their perspective towards society and government to establish "Youth Participative Governance" in Puducherry with the participation of Youth.



#### Mobile Mental Health Clinic (MMHC)

According to the NCRB data, the data from Puducherry Police Department, and the media analysis, we could learn that the rural regions are at more risk of suicides. To address the gap in accessing the Youth Helpline services we have initiated the Mobile Mental Health Clinic pilot project.

Mobile Mental Health Clinic is an upgraded version of Puducherry Youth Helpline to sensitize and intervene the vulnerable people through effective outreach strategies. The services of the Youth Helpline are being promoted among the people in need and at risk by the cause-driven, enthusiastic volunteers.







Impact 6,245 Directly Reached 2,481 Indirectly Reached

#### **Overcome COVID 19**

Overcome COVID-19 is a resource website initiated by TYCL to create hope and positive new virtual opportunities for children, youth, and their families to overcome COVID-19 by staying home safe and healthy with skills and creativity to adapt to a new normal by/for/with young people in Puducherry and Tamil Nadu.

Visit Here:

www.overcomecovid19.in



#### **ACTIVITIES DONE:**

#### Virtual Creative Space for Children and Youth:

This virtual space paved the way for the children and the youth to explore and express their experience and creativity during the pandemic through various art forms such as photographs, drawings, paintings, sketches, poems, stories, crafts. Many children and youths from various walks of life have submitted their works. The collected works were compiled and published as a book.

Access our e-book Here: Book



#### **Virtual Open Mic:**

Virtual open Mic is an online space for youth socialization. The objective of this space is to provide an opportunity for young people to express their exceptional skills and creativity through various art forms. During the lockdown period, this platform serves as a recreational space for many youth to express their talents and to socialize with others. Many local and transnational youngsters used this space and exhibited their talents through singing, dancing, storytelling, DJ, Mallarkambam (Traditional art), reciting thoughtful poems, sharing their views on social awareness, playing different musical instruments. Also the participants will receive social recognition for their talents which will promote a positive shift in their individual behavior

#### Virtual Click the Truth

This initiative aims to provide a photographic documentation opportunity and an introduction of photos as a medium for youth to express their truth about the community during the global pandemic.

To introduce photography as an art and allow the youths of different sectors of the society to express themselves through photos. which creates an opportunity to enrich their perspectives on everyday life. E-Certificate was provided to all the participants and the best clicks were awarded with cash prize. Selected clicks and reflections were documented and released as a coffee table book during International Youth Day Celebration- 2021 at TYCL Youth Resource Center by Mr. T. Sudhakar, Deputy Collector, Revenue (North), Puducherry.





#### **Essential Supplies to Vulnerable Groups**

Due to the complete lockdown in the State, many daily wages, migrant laborers, senior citizens, and LGBTQ+ communities were largely affected and they couldn't access the basic supplies that are required for the day to day survival. In few cases even if they have money there is no shop in their surrounding places due to strict enforcement by the Government. TYCL supported the people with basic necessities like food materials, medicines, sanitary & hygiene products.

Impact 55 LGBTQ+ 101 Senior Citizen 11 Migrant Workers 242 Familie

#### Mental Health Support

The COVID-19 pandemic had created socioeconomic and mental health crises among people. In order to promote positive mental health, TYCL provided a safe space for people to overcome their fear, anxiety, stress, etc through Youth Helpline on all days from 9 AM to 6 PM. Many people reached the helpline and got benefitted.



#### From The Press



THE MARK HINDU

TAMIL NADU

Accidental death rate in Puducherry is the highest



PUDUCHERRY, OCTOBER 05, 2020 01:03 IST UPDATED: OCTOBER 05, 2020 12:31 IST



There has been a significant improvement in the last five years. The deaths by suicide declined gradually from 43.2 in 2015 to 33.3 in 2016, 40.1 in 2017, 33.8 in 2018 and 32.5 in 2019.

USING CREATIVE ARTS TO COMBAT COVID-19: a project from TYCL International

USING CREATIVE ARTS TO COMBAT COVID-19: A PROJECT FROM TYCL INTERNATIONAL

30 September 2020

#### How an initiative in TN seeks to educate women on holistic selfdefense

The initiative by Trust for Youth and Child Leadership (TYCL) teaches women about several things, from their legal rights to property, to preventing online phishing.

இளையோர் மாதிரி தேர்தல் அறிக்கை 2021-TYCL



Children and Youth Services Review

Volume 122, March 2021, 105924



N'KaNa-my dream: Community action towards the holistic child development in India





#### Co-Ordinator 2020-21



#### Ms. Anitha

Puducherry Youth Helpline, Mental Health Day, Mobile Mental Health Clinic

#### Ms. Kamaleshwari

Virtual Children Creatothon, International Child Rights Day, Ecosystem Based Leadership, Virtual Pannel Discussion On LGBTQ +





Ms. Keerthana

International Youth Day, Girls Lead Girls, Human Rights Day, virtual Click the Truth, International women's Day

Ms. Pragathi

Overcome COVID-19 (Open Mic)





#### Mr. Praveen Kumar

#### **Harvesting Youth Leadership**

Mr. Rasaiya

Mental Health Counseling Sessions, Short Film Festival,
Suicide Prevention Day-Podcast, Virtual Expert Talks, National
E-Conference on Youth Life Livelihood & Mental Health



#### **Mr. Surath Kumar**

Multimedia, Overcome COVID-19 E-Book

#### Ms. Yuvayazhini

Harvesting Youth Leadership, Youth Model Election Manifesto, Human Rights Day - Public Opinion



#### **Milestones**

- MARCH 2020-TYCL launched a resource website "Overcome COVID-19" to offer mental health and essential needs support to families and provide reliable facts to people to avoid unnecessary fear and anxiety on COVID-19.
- AUGUST 2020 Five young fellows have been appointed to accelerate the impact of our youth-led initiatives and coordinate various projects of TYCL centered towards Child, Youth, and their Community.

International Youth Day - For the very first time, TYCL had a Chief Guest from an International arena. We were happy to have Ms. Jayathma Wickramanayake, Secretary-General's Envoy on Youth, United Nations, as one of the Chief Guests of International Youth Day 2020.

- OCT 2020 Puducherry Youth Helpline TYCL has organized a "Virtual Short Film Festival" to observe World Mental Health Day 2020.
- NOV 2020 Mobile Mental Health Clinic TYCL and Puducherry Youth Helpline piloted Mobile Mental Health Clinic, an outreach program to sensitize youth helpline services and positive mental health among the people of the rural communities of Puducherry.
- JAN 2021 "Girls Lead Girls: A Holistic Self-defense program" (free hybrid off/online course) for young girls to make them strong self-defenders and knowledge-based resources in the society to create a safe space for girls to practice fundamental rights with holistic self-defense modules such as Legal, Economic, Cultural, Intellectual, Online, Sexual, Emotional and Physical self-defense.



#### **Trust For Youth And Child Leadership (TYCL)**

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